

5 DAY CAPE TOWN CULTURE, HISTORY & WINELANDS EXPERIENCE

4 Nights / 5 Days | Cape Town & Cape Winelands | Tour Code: CPT001 | Group Size: 10–20 Guests

INTRODUCTION

Discover the diverse character of Cape Town on this immersive five-day journey combining iconic landmarks, fascinating history, breathtaking coastal scenery, cultural experiences and the renowned Cape Winelands.

Your journey begins with a half-day Cape Town City Orientation Tour, including a visit to Table Mountain, followed by a relaxed evening social at 14 Stories Bar and dinner at your hotel.

The following days offer an opportunity to experience the very best of the Cape. Travel along the spectacular Cape Peninsula to Cape Point and Boulders Beach, before enjoying an evening at leisure at the vibrant Victoria & Alfred Waterfront.

Explore Cape Town's history and culture on a Township Tour and scheduled Robben Island excursion, including a guided tour of the historic island and its Maximum Security Prison.

Your final full day takes you into the beautiful Cape Winelands, travelling through Paarl, Franschhoek and Stellenbosch. Enjoy a chocolate tasting, wine tasting and lunch before returning to Cape Town for an immersive Cape Malay cooking experience, where you will discover the flavours, traditions and stories of one of the city's most fascinating communities.

This journey offers a wonderful balance of natural beauty, history, culture, cuisine and wine, providing an enriching introduction to Cape Town and its surrounds.

SCHEDULED DEPARTURES

START DATE	END DATE	DURATION
04 December 2026	08 December 2026	4 Nights / 5 Days
10 December 2026	14 December 2026	4 Nights / 5 Days
14 December 2026	18 December 2026	4 Nights / 5 Days

ACCOMMODATION

ACCOMMODATION	TYPE	DESTINATION	DURATION	BASIS
Stay Easy City Bowl or similar	Single / Twin / Double	Cape Town	4 Nights	Bed & Breakfast

FAST FACTS

4 Nights / 5 Days
Tour Code: CPT001
Group Size: 10–20 guests
Activity Level: Low
Destination: Cape Town & Cape Winelands

PRICE

ZAR 19 800.00 Per person sharing
ZAR 25 040.00 Per Single
Subject to hotel availability and group size.

INCLUDES

- Accommodation
- Breakfast daily
- Cape Town City Tour
- Table Mountain
- Cape Peninsula
- Cape Point
- Boulders Beach
- Township Tour
- Robben Island
- Winelands Tour
- Chocolate Tasting
- Wine Tasting
- Cape Malay Cooking Experience
- Private Transport
- English-speaking Guide

EXCLUDES

- International Flights
- Travel Insurance
- Meals not specified
- Seal Island Boat Ride
- Personal Expenses
- Gratuities
- Unspecified Extras

DAILY PROGRAMME

DAY 1 | ARRIVAL & CAPE TOWN CITY ORIENTATION

Arrive in Cape Town and begin your journey with a half-day city orientation tour. Discover Cape Town's historic landmarks, including the Castle of Good Hope, City Hall, the Grand Parade and St George's Cathedral. Continue through the Company Gardens and colourful Bo-Kaap before ascending Table Mountain by revolving cable car, weather permitting.

Return to your hotel for check-in before enjoying an evening social with finger snacks at 14 Stories Bar, followed by dinner at the hotel restaurant.

DAY 2 | CAPE PENINSULA TOUR

Experience the spectacular Cape Peninsula, travelling along the Atlantic coastline through Sea Point, Camps Bay and Hout Bay.

Continue to Cape Point Nature Reserve, with its dramatic coastline, indigenous fauna and flora. Visit the Cape of Good Hope and enjoy the scenic surroundings before continuing along False Bay to Boulders Beach to see the famous African penguin colony.

Return to Cape Town via Simon's Town, Fish Hoek and the scenic southern suburbs.

In the evening, enjoy dinner at the Victoria & Alfred Waterfront at your own account, with time to explore this vibrant destination at leisure.

DAY 3 | TOWNSHIP TOUR & ROBBEN ISLAND

Discover Cape Town's history and culture on a Township Tour, beginning with District Six and continuing to Langa, Cape Town's oldest black township.

Visit a primary school and learn more about the local education system before exploring the Dompas Museum and experiencing a drumming session at the Igugu S'Thebe Empowerment Centre.

In the afternoon, travel to the Nelson Mandela Gateway at the V&A Waterfront for your scheduled Robben Island excursion. The approximately 3.5-hour experience includes the ferry journey and a guided bus tour of the island, including the Maximum Security Prison and Nelson Mandela's former cell.

DAY 4 | CAPE WINELANDS & CAPE MALAY COOKING EXPERIENCE

Travel through the spectacular Cape Winelands, visiting Paarl, Franschhoek and Stellenbosch.

Enjoy a chocolate experience in Franschhoek before continuing through the picturesque wine country. In Stellenbosch, experience a wine tasting followed by lunch.

Return to Cape Town and prepare for an immersive Cape Malay cooking experience. Learn about the history, culture and culinary traditions of the Cape Malay community while preparing traditional dishes, including samoosas, koeksisters and Cape Malay chicken curry.

End the evening by enjoying the meal together and sharing stories about the Bo-Kaap community and the important role food plays in Cape Malay culture.

DAY 5 | DEPARTURE

After breakfast, transfer from your hotel to Cape Town International Airport for your onward journey.

TRANSPORT INCLUDED

- Private vehicle throughout the programme
- English-speaking guide
- Airport transfer on arrival
- Airport transfer on departure
- Airport portorage – 1 bag per person
- Bottled water as specified
- Fuel levy
- Dinner transfers as specified

INFORMATION

What to Bring

- Sunscreen
- Hat / Cap
- Bottled water
- Comfortable walking shoes
- Camera
- Light jacket for cooler mornings and evenings

Important Information

- The itinerary is designed for groups of 10 to 20 guests. Rates vary according to the final group size.
- Table Mountain Cable Car access is weather permitting.
- The Cape Peninsula Tour includes the Chapman's Peak route if open.
- The Robben Island excursion is subject to the scheduled ferry service and operational availability.
- All services and accommodation are subject to availability at the time of booking.